

Appropriations Requests for Legislatively Directed Spending Items

- 1. The sponsoring representative's first name: Erin
- 2. The sponsoring representative's last name: Byrnes
- 3. The cosponsoring representatives' names. All cosponsors must be listed. If none, please type 'n/a.' A signed letter from the sponsor approving the co-sponsorship and a signed letter from the member wishing to co-sponsor are required. Attach letters at question #9 below.

Rep. Peter Herzberg

- 4. Name of the entity that the spending item is intended for: Hype Athletics & Safe Psychology and Wellness Center
- 5. Physical address of the entity that the spending item is intended for: 23302 W Warren Ave, Dearborn Heights, MI 48127
- 6. If there is not a specific recipient, the intended location of the project or activity: $\rm N/A$
- Name of the representative and the district number where the legislatively directed spending item is located: Erin Byrnes, District 15
- 8. Purpose of the legislatively directed spending item. Please include how it provides a public benefit and why it is an appropriate use of taxpayer funding. Please also demonstrate that the item does not violate Article IV, S 30 of the Michigan Constitution. Women's Health & Fitness Initiative (Addressing Maternal Disparities) (\$250,000)

Target: Women ages 18–50, especially mothers in underserved communities Focus Areas: Physical fitness, maternal health, postpartum wellness, stress reduction This initiative empowers women—especially mothers of color and low-income mothers—with fitness classes, health education, mental wellness support, and peer groups. It addresses racial disparities in maternal outcomes by promoting healthy lifestyles, early screenings, and stress management. Services Include:

- · Women-only fitness & nutrition classes (childcare provided)
- · Maternal mental health therapy (including postpartum depression)
- · Health literacy workshops (e.g., hypertension, cholesterol, reproductive health)

 \cdot Wellness retreats and self-care coaching Partnerships: WIC clinics, FQHCs, maternal health coalitions Goal: Reduce health disparities and improve quality of life for women and families.

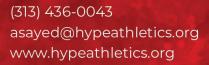
9. Attach documents here if needed: Attachments added to the end of this file.

- 10. The amount of state funding requested for the legislatively directed spending item. 250000
- 11. Has the legislatively directed spending item previously received any of the following types of funding? Check all that apply.["None"]
- Please select one of the following groups that describes the entity requesting the legislatively directed spending item: Non-profit organization
- 13. For a non-profit organization, has the organization been operating within Michigan for the preceding 36 months? Yes
- 14. For a non-profit organization, has the entity had a physical office within Michigan for the preceding 12 months? Yes
- 15. For a non-profit organization, does the organization have a board of directors? Yes
- 16. For a non-profit organization, list all the active members on the organization's board of directors and any other officers. If this question is not applicable, please type 'n/a.' Johnny Hammoud- Board Chair, Judge Yvonna Abraham- Vice Chair, Maha Sabbagh-Secretary, Jessica Cheaib -Treasurer, Members: Mo Sabbagh, Dr. Ryan Lazar, Chris Peipish, Houssam Kataya, Todd Turfe, Abhinav Krishnan, Ali Sayed

17. "I certify that neither the sponsoring representative nor the sponsoring representative's staff or immediate family has a direct or indirect pecuniary interest in the legislatively directed spending item."

Yes, this is correct

- 18. Anticipated start and end dates for the legislatively directed spending item: October 1, 2025-September 30, 2026
- 19. "I hereby certify that all information provided in this request is true and accurate." Yes





HYPE Athletics & SAFE Psychology and Wellness Center

Program Portfolio for Funding Consideration | FY 2025-2026

1. STEAM Education & Innovation Initiative (\$300,000)

Target Counties: Wayne

Annual Impact: 800+ students

A comprehensive program promoting science, technology, engineering, arts, and math through hands-on labs, coding workshops, maker-space projects, and design challenges. Focused on closing opportunity gaps in underserved communities and preparing students for future workforce demands.

Funding Request Supports: Instructor stipends, materials, transportation, free/reduced tuition access.

2. Literacy & Reading Access Program (\$400,000)

Annual Impact: 1,200 students

Free after-school and summer literacy programs focused on improving reading fluency, comprehension, and vocabulary in elementary students. Includes individualized tutoring, culturally relevant reading materials, and literacy-based family engagement nights. **Outcomes:** Increased reading proficiency rates, parent literacy involvement, and academic confidence.

Supported In: Dearborn, Detroit, Wayne-Westland, Redford

3. Vocational Training & Youth Employment Pipeline (\$300,000)

Target Group: High school students, ages 14-65

A work-based learning and job-readiness model preparing youth for employment and skilled trades. Includes training in 9 career pathways, soft skills development, resume writing, job coaching, and real-world job evaluations.

Annual Capacity: 200+ Adults and high school students with Disabilities.

Partners: Local employers, unions, career-tech centers



4. After-School Enrichment Program (\$250,000)

Annual Reach: 1,600+ students

A four-day-per-week academic and enrichment program offering tutoring, math intervention, and structured physical fitness. Operating in schools across Dearborn, Detroit, Dearborn Heights, and Wayne-Westland.

Budget Impact: Funds qualified instructors, equipment, snacks, and academic curriculum.

Goal: Support the whole child through both cognitive and physical development.

5. SAFE Wellness Initiative: Diabetes, Nutrition, & Healthy Living (1,000,000)

Locations: Dearborn Heights, Wayne, Belle Isle

A preventive and intervention-focused wellness initiative addressing diabetes, obesity, and chronic illness.

- **Diabetes Management:** Personal plans, blood sugar monitoring, and health coaching.
- Nutrition Counseling: Customized diet plans, group workshops, and cooking demos.
- Youth Engagement: School-based nutrition education and wellness clubs.
 Annual Impact: 1,500+ individuals
 Cost: Services provided at no charge to participants.

6. Youth Fitness & Athletics for Prevention Program (\$600,000)

Service Sites: Dearborn, Detroit, Wayne, Inkster, Redford, Garden City, Wayne, Westland Structured sports programs in basketball, volleyball, soccer, football, baseball, handball, cricket, yoga, and more. Promotes social-emotional learning, physical wellness, leadership development, and discipline.

Participants: 3,500+ youth annually

Add-ons: Summer leagues, girls-only fitness cohorts, and inclusive sports access. **Outcomes:** Reduced screen time, improved physical activity levels, and increased teambased cooperation.



7. Mental & Behavioral Health Services (\$500,000)

Integrated across HYPE & SAFE campuses

- **Counseling & Therapy:** Licensed therapists provide 1:1 and group counseling.
- **Crisis Intervention:** 24/7 response team and hotline services.
- School-Based Mental Health: Embedded services in elementary and secondary schools.
- **Outreach & Education:** Anti-stigma campaigns, youth mental health first aid, and parent forums.
- **Telehealth:** Secure virtual therapy for rural or homebound clients.
- Support Groups: Peer-led groups and caregiver networks.

Goal: Improve individual resilience and reduce long-term mental health costs.

8. Diabetes Prevention & Community Health Education (\$400,000)

Focus: Risk reduction, early screening, lifestyle coaching

Target: Youth and adults in high-risk communities (including Middle Eastern and African American populations)

This program focuses on reducing the incidence of Type 2 diabetes through early detection, health screenings, culturally appropriate nutrition education, physical activity, and wellness coaching. Using CDC-aligned strategies and bilingual health educators, we address risk factors such as obesity, sedentary lifestyle, and poor dietary habits.

Key Elements:

- Community screenings & A1C testing
- Youth fitness clubs & cooking workshops
- Family-centered diabetes prevention education
- Referral pathways to primary care providers
 Goal: Decrease future diabetes prevalence through sustainable, preventive behavior change.



9. Substance Abuse Prevention & Education (\$300,000)

Target: Elementary school through adult populations Location: Schools, community centers, partner agencies Our prevention program combines education, mentorship, and community engagement to reduce the use and misuse of substances—especially opioids, alcohol, and vaping products—among youth and adults. Interactive workshops, peer leadership groups, and parent education sessions focus on building decision-making skills, resilience, and awareness of the risks of substance use.

Prevention Elements:

- School-based substance prevention curriculum
- Youth-led peer education & prevention clubs
- Family support groups and parent seminars
- Partnerships with law enforcement and healthcare **Alignment:** Evidence-based prevention models (SAMHSA), supporting Michigan's opioid and SUD prevention priorities.

10. Diversion & Intervention Services (\$750,000)

Target Group: Youth ages 12–26 and justice-involved individuals
Partners: County courts, juvenile probation, school districts
This program provides trauma-informed diversion and intervention services for individuals at risk of substance use, overdose, or system involvement. Using a community care model and opioid settlement funding, participants receive mental health screenings, case management, job support, therapy, and access to fitness or creative outlets.
Key Features:

- Early intervention for youth in possession/use cases
- Re-entry supports and workforce pathways for justice-involved young adults
- Peer recovery coaching
- Access to HYPE Athletics wellness and community centers
 Goal: Prevent future criminal justice involvement and promote healing through supportive alternatives.



11. Behavioral Health & Crisis Support Services (\$600,000)

Age Range: Children, youth, and adults

Locations: Onsite at HYPE and SAFE, in schools, and via telehealth A full-service behavioral health program providing trauma-informed therapy, psychiatric assessments, and emotional wellness supports. Includes one-on-one counseling, group therapy, family support, and telehealth access. All services are provided by licensed professionals trained in culturally competent care and evidence-based modalities. **Special Features:**

- Multilingual providers (Arabic, Spanish, and English)
- Youth trauma therapy and coping skills groups
- Family reunification therapy and parent coaching
- Partnerships with schools and juvenile courts
 Goal: Address the root causes of behavioral and emotional distress, reduce emergency visits, and promote overall family stability.

12. Applied Behavior Analysis (ABA) Therapy – Ages 3–10 (\$800,000)

Focus: Autism and developmental delays

Sites: Dearborn and Dearborn Heights locations

SAFE offers individualized ABA therapy for children ages 3–10 diagnosed with Autism Spectrum Disorder (ASD) or other developmental conditions. Programs are developed and overseen by Board-Certified Behavior Analysts (BCBAs) and tailored to improve communication, social behavior, academic readiness, and functional life skills.

Therapy Formats:

- 1:1 in-clinic ABA sessions
- Parent training and home behavior strategies
- Social play groups and peer interaction activities
- Collaborative care with speech and occupational therapists
 Insurance & Access: Accepts Medicaid and commercial insurance; reduced-fee options for uninsured families.

Goal: Improve developmental outcomes, school readiness, and caregiver confidence.



13. Women's Health & Fitness Initiative (Addressing Maternal Disparities) (\$250,000)

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Services Include:

- Women-only fitness & nutrition classes (childcare provided)
- Maternal mental health therapy (including postpartum depression)
- Health literacy workshops (e.g., hypertension, cholesterol, reproductive health)
- Wellness retreats and self-care coaching
 Partnerships: WIC clinics, FQHCs, maternal health coalitions
 Goal: Reduce health disparities and improve quality of life for women and families.

14. In-School Therapy & Support Services (\$300,000)

Target: Elementary, middle, and high school students

School Partners: Dearborn Public Schools, Detroit, and Wayne-Westland districts Licensed social workers, therapists, and counselors are embedded in schools to provide direct mental health services, social-emotional learning support, and crisis response. Services are coordinated with school staff and aligned with Individualized Education Programs (IEPs) and behavioral intervention plans when needed. Components:

- Individual and small-group therapy sessions during school hours
- SEL curriculum integration
- Trauma-informed care for students with ACEs
- Case management and family communication
 Goal: Improve attendance, reduce behavioral referrals, and support overall student well-being.